



Southwest Florida Parent & child  
PEOPLE'S CHOICE AWARDS

2010 WINNER

We were recently voted  
**#1 Repair Shop in Town**  
by Parent & Child Magazine!

**100 YEARS AGO  
IN AMERICA**



- ★ Average life expectancy was 47 years
- ★ Gasoline was bought over the counter
- ★ Only 1 house in 6 had a bathtub and only 1 in 12 had a phone
- ★ There were 10,000 cars in the US & 100 miles of paved road
- ★ Only 5% of babies were born in hospitals
- ★ The average grocery bill was under \$1 a week

[www.georgescompleteauto.com](http://www.georgescompleteauto.com)

## Chef's Corner



### Wake-Up Smoothie

- 1 1/4 cups orange juice
- 1 banana
- 1 1/4 cups frozen berries, such as raspberries, blackberries, blueberries and/or strawberries
- 1/2 cup low-fat plain yogurt
- 1 tablespoon sugar

Combine orange juice, banana, berries, yogurt and sugar in a blender; cover and blend until creamy. Serve immediately



**George's**  
COMPLETE AUTO REPAIR



4804 Coronado Parkway  
Cape Coral, Florida 33904

**(239) 542-1588**



## BELTS & HOSES

They Keep Us Moving!



**What causes failure in belts?** They do over 35 million revolutions a year, are exposed to heat, vibration and contamination. They twist, and turn, bend and flex. This produces heat that hardens the rubber that causes the belts to loosen and slip. The rubber then cracks and frays and the internal cords will become brittle and weak. This happens from the inside out so it isn't visible.

**What causes failure in hoses?** Tiny cracks develop in the rubber causing the hoses to split, blister and/or leak. Contamination from oil and atmospheric ozone can accelerate the process. Hoses deteriorate on the inside as much as the outside. They can even look fine on the outside and be totally ruined on the inside. Small cracks and pinhole leaks weaken hose fibers. If you squeeze the hose near the clamps or connectors and the ends feel soft and mushy, the hose has been contaminated and needs replacing.



Vehicle manufacturers recommend replacing belts every 36,000 miles and hoses every 48,000 miles. We can help you determine when replacement is necessary!

Keep on Moving and Happy Motoring!

*George Hack*

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*Jamie Lee Duffy*

My daughter owns her own business, Jamie Lee Photography and was voted a Best of Weddings winner by brides this year on TheKnot.com. She received the highest kudos...endorsements from real brides! It's an honor because it's based on surveys where brides and grooms vote on their favorite local wedding professionals. Jamie is so excited to have been chosen. I'll let her tell you a little about herself...

*I specialize in emotional and artistic wedding and portrait photography. Weddings are personal and I photograph them that way, mixing a documentary style with my experience in unique portraiture to create and amazing story! My nature is that of a romantic. I am inspired by not only the love of the couple, but the love of family, friends and children.*

My business has grown very fast in the past year. I am so excited to be achieving goals I have set for myself. I would not be where I am without the help of my Dad. He has taught me so much about owning a business. This year I plan on hiring more staff and bringing my business to the next level.

Bryan and I will be celebrating our first wedding anniversary soon. We recently purchased our first home together. It has been fun decorating our home. I have made our front room my photo gallery where I can meet my clients. Bryan will be finishing his Bachelors Degree in English this spring.

Later this year he will start on his Masters Degree in Library Science. It has been an awesome year for us both.

Over the years many of you have come to know my children and have watched them grow up in person or through my newsletters. I am frequently asked about them so I decided to dedicate this newsletter to them. I hope you enjoy it!



*Daniel Hack*

We featured Daniel in our last newsletter letting you all know about his experience in Africa this past summer. He really enjoyed the experience and he learned a great deal. Daniel has a very likeable personality and soon you will get to know him. He has been learning the business from all angles and started working as a technician. I am now ready to move him to the front line as a service advisor assistant. Part of his duties will include taking customers home (*this is where you can find out all you ever wanted to know about me as he promises to share this information to anyone who is interested!*) and he will be learning back office duties too! Daniel seems to have a knack for this business so I will help him all I can.

Thanks for being interested in my children. I am proud of them and enjoyed updating you on each of them.

*George*